

Pamela Grzegorzczuk, LPN

Why did you choose psychiatric/mental health nursing?

I found mental health nursing to more challenging because you have to take care of both the physical and mental parts of the person.

Please provide a brief description of what you do.

I'm at Oakwood Hospital in Taylor and provide Direct Nursing Care such as medication pass, educating the patients and their families.

Please describe your role in the health care team in the region/ organization/community where you practice psychiatric/mental health nursing.

I provide nursing instruction with patients; educate them on the importance of medication compliance and treatment for continuity of care.

What do you consider to be the most challenging and most rewarding parts of psychiatric/mental health nursing?

The most challenging part of mental health nursing is noncompliant patients. Yet the most rewarding aspect is seeing the patient functioning at their highest level on a daily basis.

What advice do you have for nursing graduates who are considering psychiatric/mental health nursing as a career?

The new grad should know that mental health nursing is both challenging and rewarding.